

# District overview of travel time to ART facilities: Nkhotakota

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## Objectives

- Map the estimated prevalence and number of people living with HIV (PLHIV) by approximately 1 km grid cells.
- Estimate the travel time to the nearest ART facility for PLHIV in Malawi.
- Identify optimal locations for additional facilities with ART service to reach PLHIV with long travel times to existing ART facilities (>60, 90, or 120 minutes).

Interactive results are available at: [https://mrc-ide.github.io/mwi-hiv/ART\\_facilities/index.html](https://mrc-ide.github.io/mwi-hiv/ART_facilities/index.html).

## HIV prevalence and PLHIV estimates

Figure 2 illustrates estimates for spatial HIV prevalence for adults aged 15–49 years. Figure 3 shows the estimated number of PLHIV (all ages), and the locations of health facilities with ART services (labelled with A) and without current ART services (labelled with F).

Table 1: Summary estimates for Nkhotakota, September 2020.

|                                               |                        |
|-----------------------------------------------|------------------------|
| Total PLHIV (all ages)                        | 16,025 (13,700–18,652) |
| HIV prevalence, age 15–49 years               | 5.9% (5.0%–6.8%)       |
| Total patients receiving ART                  | 17,861                 |
| Average walking time to nearest ART (minutes) | 47 (45–49)             |
| Number PLHIV > 60 minutes walking time        | 5,095 (4,295–5,964)    |
| Percentage PLHIV > 60 minutes walking time    | 31.5% (29.5%–33.9%)    |

Table 2: Traditional authorities with the lowest and highest estimated number of PLHIV, 15-49 Prevalence, and average walking time, respectively.

|                      | Lowest TA                           | Largest TA                                  |
|----------------------|-------------------------------------|---------------------------------------------|
| PLHIV                | Nkhotakota Game Reserve: 39 (29–52) | TA Kanyenda: 6,400 (5,088–7,972)            |
| 15-49 Prevalence     | TA Mwansambo: 3.4% (2.2%–5.1%)      | TA Kanyenda: 7.5% (5.9%–9.3%)               |
| Average Walking Time | Nkhotakota Boma: 10 min (9–10 min)  | Nkhotakota Game Reserve: 89 min (84–95 min) |

## Travel time to existing ART facilities

In Nkhotakota, there are 20 ART facilities that had at least 1 patient in September 2020. The median number of ART patients per facility was 506. The list of *active ART facilities* is in Table 4. Private not-for-profit facilities have been excluded from the analysis. Figure 4 shows the modelled travel times to the nearest active ART facility. The average walking time to the nearest facility for residents in each traditional authority are in (Figure 5).

- The estimated average walking time for PLHIV to the closest ART facility across Nkhotakota is 47 minutes (45-49 min).
- The shortest estimated average walking time to the closest ART facility is in Nkhotakota Boma (10 minutes (9-10 min)).
- The longest estimated average walking time to the closest ART facility is in Nkhotakota Game Reserve (89 minutes (84-95 min)).

An estimated 31.5% (29.5%–33.9%) of PLHIV reside more than 60 minutes walking time to their nearest ART facility, compared to 35.4% of the total population. This decreases to 12.0% (10.6%–13.4%) of PLHIV and 13.2% of the total population residing more than 90 minutes walking time to their nearest ART facility. More details are provided in Table 3.

Table 3: Estimated PLHIV and population not reached at different thresholds

| Threshold (minutes) | Population not reached | As % of total population | PLHIV not reached   | As % of total estimated PLHIV |
|---------------------|------------------------|--------------------------|---------------------|-------------------------------|
| 45                  | 201,664                | 49.1%                    | 7,439 (6,287–8,644) | 46.0% (43.8%–48.3%)           |
| 60                  | 145,393                | 35.4%                    | 5,095 (4,295–5,964) | 31.5% (29.5%–33.9%)           |
| 90                  | 54,287                 | 13.2%                    | 1,935 (1,587–2,334) | 12.0% (10.6%–13.4%)           |
| 120                 | 14,587                 | 3.6%                     | 523 (409–653)       | 3.2% (2.7%–3.8%)              |

## Proposed facilities for new ART services

A list of 9 *non-ART facilities* were considered to identify existing health facility locations for expanding ART services, listed in Table 5. Figure 6 shows the number of PLHIV in grid cells where the estimated travel time is longer than 60 minutes and candidate new ART facilities.

- The TA with the largest number of PLHIV residing more than 60 minutes from their closest ART facility is TA Kanyenda (1651 PLHIV (1289-2080) with walking time > 60 minutes).
- The facility that can reach the most PLHIV residing outside 60 minutes travel time is **Kawongozi HC**, with 268 PLHIV (176-384) reached.

## Limitations

There are several important limitations to this analysis:

- Travel time surfaces and catchments may not optimally reflect typical routine travel or movement patterns, for example for work or other activities.
- Results do not represent uncertainty in the 1km gridded maps of PLHIV arising from uncertainty about the gridded populations.
- There are discrepancies in the gridded HIV prevalence estimates from the Bayesian geostatistical model and the Naomi estimates for some districts which should be further reviewed, especially neighbouring urban and rural districts.
- Geographic locations of some health facilities are discrepant between multiple data sources and need to be confirmed.
- The physical infrastructure and suitability of candidate health facilities for supporting an ART service is unknown.
- Optimisation analysis for locations for new facilities has not considered overcrowding, wait times, or other barriers to access at existing facilities. It could be more optimal to expand services in some geographically dense locations to address barriers to access.

## Summary figures and maps

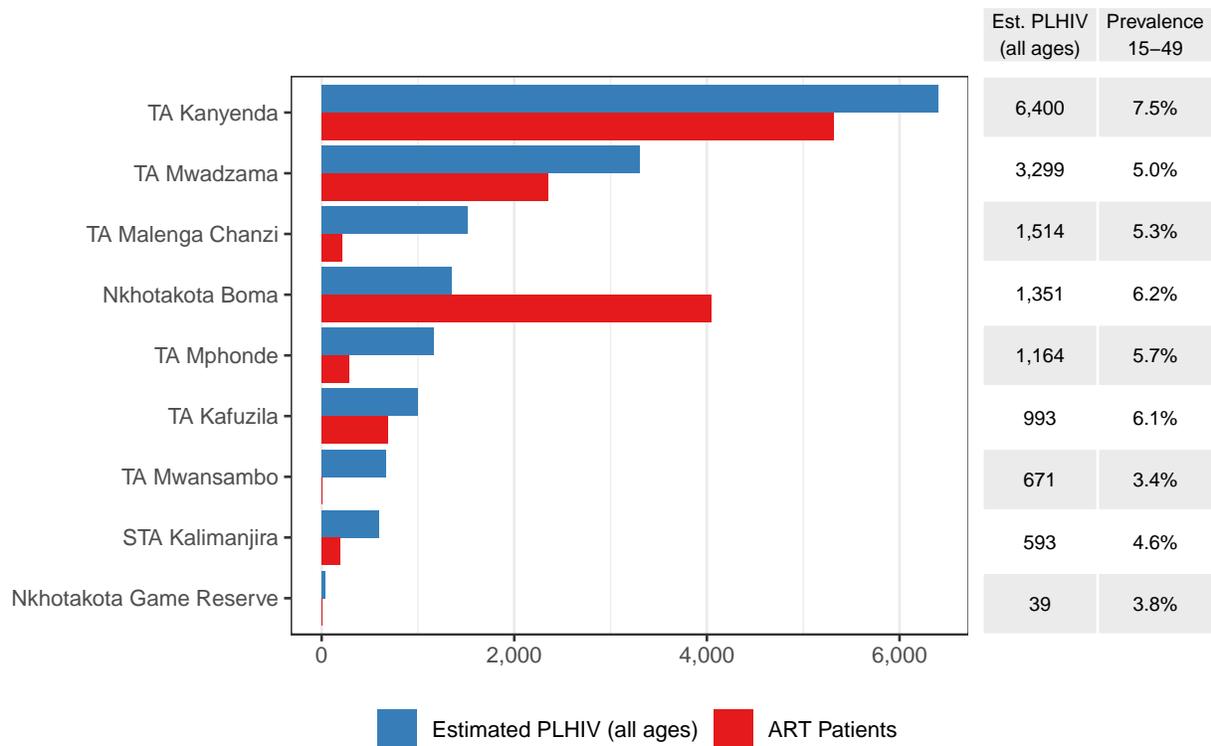


Figure 1: Number registered ART clients within each TA and estimated number of PLHIV within the TA. The right table indicates the estimated 15-49 HIV prevalence.

### HIV prevalence in ages 15-49

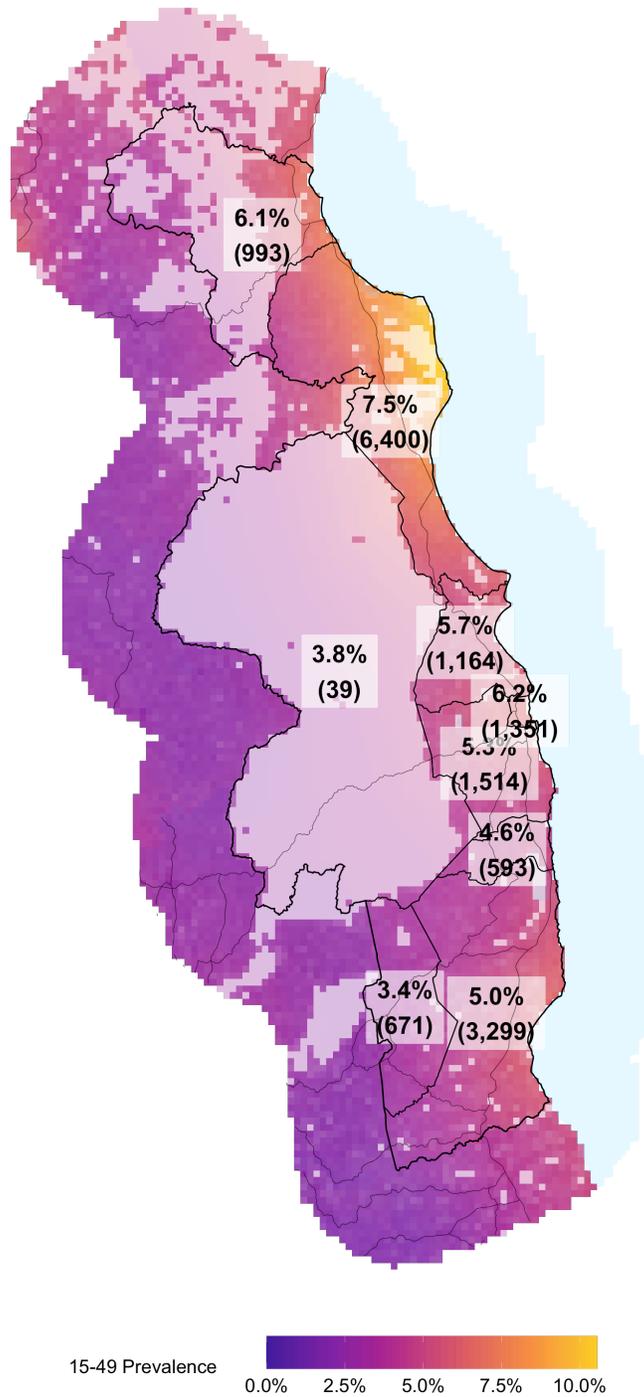


Figure 2: Estimated spatial HIV prevalence. Percentages correspond to TA level 15-49 HIV prevalence and numbers in brackets indicate the estimated number of PLHIV overall.

### Estimated number of PLHIV at 1km square

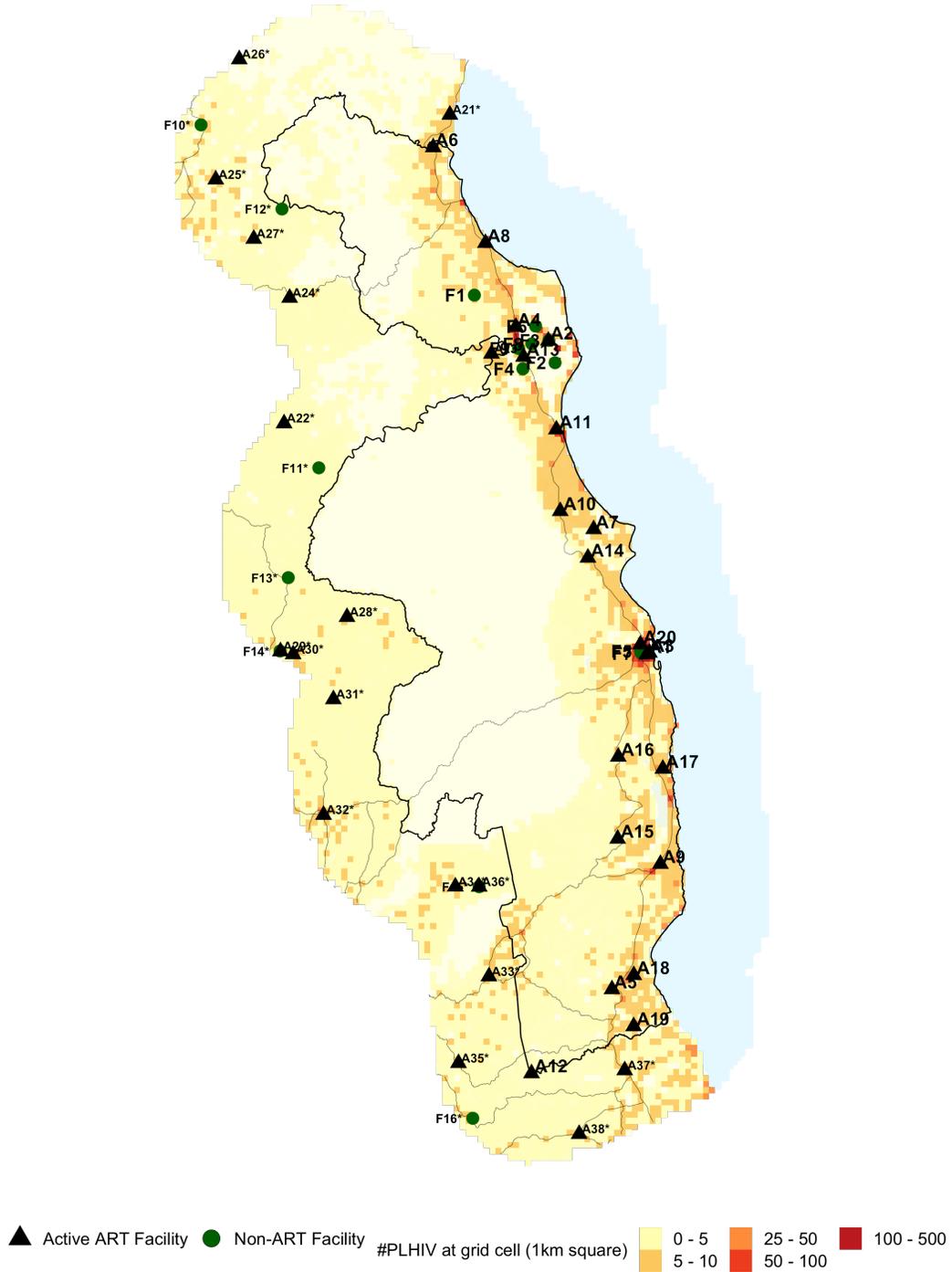


Figure 3: Estimated number of PLHIV on a 1km square.

Table 4: List of active ART facilities that had at least 1 registered ART patient in September 2020. The column "ART" indicates how many ART patients are registered at the ART facility. Facilities outside the district boundaries that may be accessible to residents within the district are marked with "\*".

| ID   | District     | TA                    | Name                                    | Type              | Authority  | Long. | Lat.   | ART  |
|------|--------------|-----------------------|-----------------------------------------|-------------------|------------|-------|--------|------|
| A1   | Nkhotakota   | Nkhotakota Boma       | Nkhotakota District Hosp.               | District hospital | Government | 34.29 | -12.93 | 2619 |
| A2   | Nkhotakota   | TA Kanyenda           | Dwangwa Matiki Clinic                   | Special           | Private    | 34.15 | -12.50 | 1636 |
| A3   | Nkhotakota   | Nkhotakota Boma       | St Anne's Mission Hosp.                 | District hospital | CHAM       | 34.30 | -12.93 | 1322 |
| A4   | Nkhotakota   | TA Kanyenda           | Nkhunga HC                              | Health centre     | Government | 34.11 | -12.48 | 1066 |
| A5   | Nkhotakota   | TA Mwadzama           | Alinafe Community Hosp.                 | Rural/Community   | CHAM       | 34.24 | -13.39 | 897  |
| A6   | Nkhotakota   | TA Kafuzila           | Dwambazi Rural Hosp.                    | Rural/Community   | Government | 33.99 | -12.23 | 690  |
| A7   | Nkhotakota   | TA Kanyenda           | Katowo HC                               | Health centre     | Government | 34.22 | -12.76 | 686  |
| A8   | Nkhotakota   | TA Kanyenda           | Ngala HC                                | Health centre     | Government | 34.07 | -12.37 | 600  |
| A9   | Nkhotakota   | TA Mwadzama           | Kapili HC                               | Health centre     | CHAM       | 34.31 | -13.22 | 533  |
| A10  | Nkhotakota   | TA Kanyenda           | Msenjere HC                             | Health centre     | Government | 34.17 | -12.73 | 523  |
| A11  | Nkhotakota   | TA Kanyenda           | Liwaladzi HC                            | Health centre     | CHAM       | 34.17 | -12.62 | 489  |
| A12  | Nkhotakota   | TA Mwadzama           | Mwansambo HC                            | Health centre     | Government | 34.13 | -13.50 | 334  |
| A13  | Nkhotakota   | TA Kanyenda           | Dwangwa Cane Growers Association Clinic | Health centre     | Private    | 34.12 | -12.52 | 311  |
| A14  | Nkhotakota   | TA Mphonde            | Bua HC                                  | Health centre     | Government | 34.21 | -12.80 | 281  |
| A15  | Nkhotakota   | TA Mwadzama           | Malowa HC                               | Health centre     | Government | 34.25 | -13.18 | 277  |
| A16  | Nkhotakota   | TA Malenga Chanzi     | Mpamantha HC                            | Health centre     | Government | 34.25 | -13.07 | 211  |
| A17  | Nkhotakota   | STA Kalimanjira       | Chididi HC Nkhotakota                   | Health centre     | CHAM       | 34.31 | -13.09 | 187  |
| A18  | Nkhotakota   | TA Mwadzama           | Benga HC                                | Health centre     | Government | 34.27 | -13.37 | 158  |
| A19  | Nkhotakota   | TA Mwadzama           | Mtosa HC                                | Health centre     | Government | 34.27 | -13.44 | 151  |
| A20  | Nkhotakota   | Nkhotakota Boma       | World Medical Fund                      | Other hospital    | NGO        | 34.28 | -12.92 | 100  |
| A21* | Nkhatabay    | TA Zilakoma           | Liuzi HC                                | Health centre     | Government | 34.02 | -12.19 | 505  |
| A22* | Mzimba South | TA Khosolo Gwaza Jere | Mkoma HC                                | Health centre     | Government | 33.78 | -12.61 | 238  |
| A23* | Mzimba South | TA Khosolo Gwaza Jere | Kabuwa HC                               | Health centre     | Government | 34.07 | -12.52 | 214  |
| A24* | Mzimba South | TA Khosolo Gwaza Jere | Khosolo HC                              | Health centre     | Government | 33.79 | -12.44 | 152  |
| A25* | Mzimba South | TA Mzikubola          | Hoho HC                                 | Health centre     | Government | 33.69 | -12.28 | 128  |
| A26* | Mzimba South | TA Mzikubola          | Luwawa HC                               | Health centre     | Government | 33.72 | -12.11 | 103  |
| A27* | Mzimba South | TA Khosolo Gwaza Jere | Msese HC                                | Health centre     | Government | 33.74 | -12.36 | 74   |
| A28* | Kasungu      | TA Kapelula           | Kapelula HC                             | Health centre     | Government | 33.87 | -12.88 | 353  |
| A29* | Kasungu      | TA Wimbe              | St Augustine HC                         | Health centre     | CHAM       | 33.78 | -12.92 | 192  |
| A30* | Kasungu      | TA Wimbe              | St Faith Anglican Clinic                | Health centre     | CHAM       | 33.80 | -12.93 | 169  |
| A31* | Kasungu      | STA Mdunga            | Mdunga HC                               | Health centre     | Government | 33.85 | -12.99 | 132  |
| A32* | Ntchisi      | TA Chilooko           | Malomo HC                               | Health centre     | Government | 33.84 | -13.15 | 890  |
| A33* | Ntchisi      | TA Kasakula           | Kangolwa HC                             | Health centre     | Government | 34.07 | -13.37 | 323  |
| A34* | Ntchisi      | TA Nthondo            | Nthondo HC                              | Health centre     | Government | 34.02 | -13.25 | 215  |
| A35* | Ntchisi      | TA Chikho             | Mzandu HC                               | Health centre     | Government | 34.03 | -13.49 | 130  |
| A36* | Ntchisi      | TA Nthondo            | Mndinda HC                              | Health centre     | Government | 34.06 | -13.25 | 12   |
| A37* | Salima       | TA Khombedza          | Thavite HC                              | Health centre     | CHAM       | 34.26 | -13.50 | 583  |
| A38* | Salima       | TA Mwanza             | Makiyoni HC                             | Health centre     | Government | 34.20 | -13.59 | 377  |

Table 5: List of non-ART facilities considered in the analysis. The column "PLHIV" indicates the number of PLHIV that currently need more than 60 minutes to walk to the closest ART facility but less than 60 minutes to the listed health facility in the table. Facilities outside the district boundaries that may be accessible to residents within the district are marked with "\*\*".

| ID   | District     | TA                    | Name                          | Type          | Authority  | Long. | Lat.   | PLHIV | 95% CI    |
|------|--------------|-----------------------|-------------------------------|---------------|------------|-------|--------|-------|-----------|
| F1   | Nkhotakota   | TA Kanyenda           | Kawongozi HC                  | Health Centre | Government | 34.05 | -12.44 | 268   | (176-384) |
| F2   | Nkhotakota   | TA Kanyenda           | Ukasi Clinic                  | Clinic        | Company    | 34.16 | -12.53 | 156   | (107-220) |
| F3   | Nkhotakota   | TA Kanyenda           | Matiki HC                     | Health Centre | Private    | 34.15 | -12.50 | 80    | (52-117)  |
| F4   | Nkhotakota   | TA Kanyenda           | Kasasa Clinic                 | Clinic        | Company    | 34.12 | -12.54 | 65    | (43-94)   |
| F5   | Nkhotakota   | Nkhotakota Boma       | BLM Nkhotakota                | Special       | NGO        | 34.28 | -12.92 | 43    | (29-62)   |
| F6   | Nkhotakota   | TA Kanyenda           | Nyamvuu Clinic                | Clinic        | Company    | 34.14 | -12.48 | 25    | (17-35)   |
| F7   | Nkhotakota   | Nkhotakota Boma       | NASO (Nkhotakota Aids Support | Clinic        | NGO        | 34.28 | -12.93 | 43    | (29-62)   |
| F8   | Nkhotakota   | TA Kanyenda           | Central 3 Clinic              | Clinic        | Company    | 34.13 | -12.50 | 0     | (0-0)     |
| F9   | Nkhotakota   | TA Kanyenda           | BLM Dwangwa                   | Special       | NGO        | 34.11 | -12.51 | 0     | (0-0)     |
| F10* | Mzimba South | TA Mzikubola          | LUVIRI                        | Health Post   | Government | 33.67 | -12.20 | 231   | (130-360) |
| F11* | Mzimba South | TA Khosolo Gwaza Jere | MGOZA                         | Health Post   | Government | 33.83 | -12.67 | 116   | (61-192)  |
| F12* | Mzimba South | TA Khosolo Gwaza Jere | LUPACHI                       | Health Post   | Government | 33.78 | -12.32 | 48    | (26-79)   |
| F13* | Kasungu      | TA Wimbe              | Kapyanga HP                   | Health Post   | Government | 33.79 | -12.82 | 169   | (95-284)  |
| F14* | Kasungu      | TA Wimbe              | Chamama HC                    | Health Centre | Government | 33.78 | -12.92 | 0     | (0-0)     |
| F15* | Ntchisi      | TA Nthondo            | Mndinda Disp.                 | Dispensary    | Government | 34.06 | -13.25 | 0     | (0-0)     |
| F16* | Dowa         | TA Msakambewa         | MATEKENYA                     | Dispensary    | Government | 34.05 | -13.56 | 177   | (121-251) |

### Travel Times to Closest ART Facilities

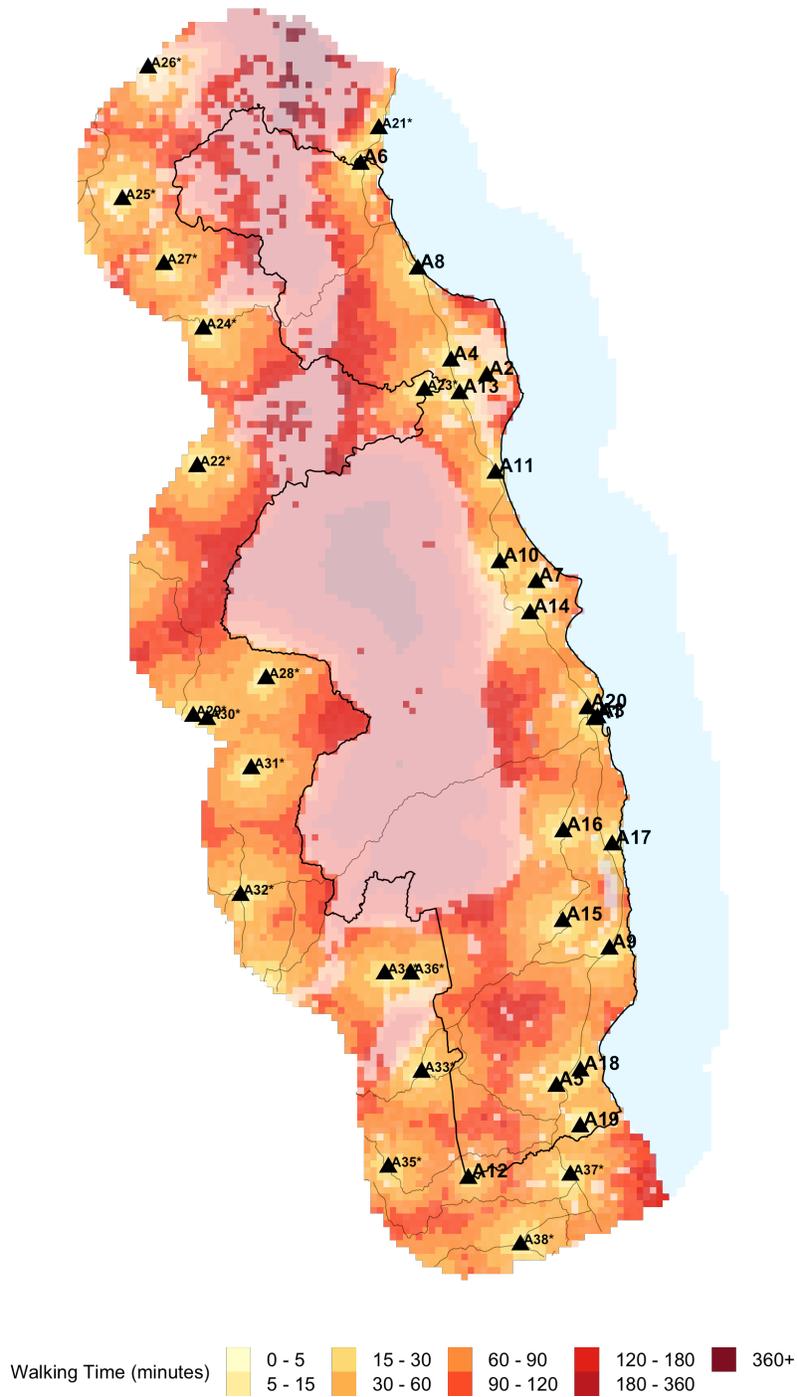


Figure 4: Estimated travel times to the closest ART facility. Travel times were calculated using data on road infrastructure, types of terrain and land elevation.

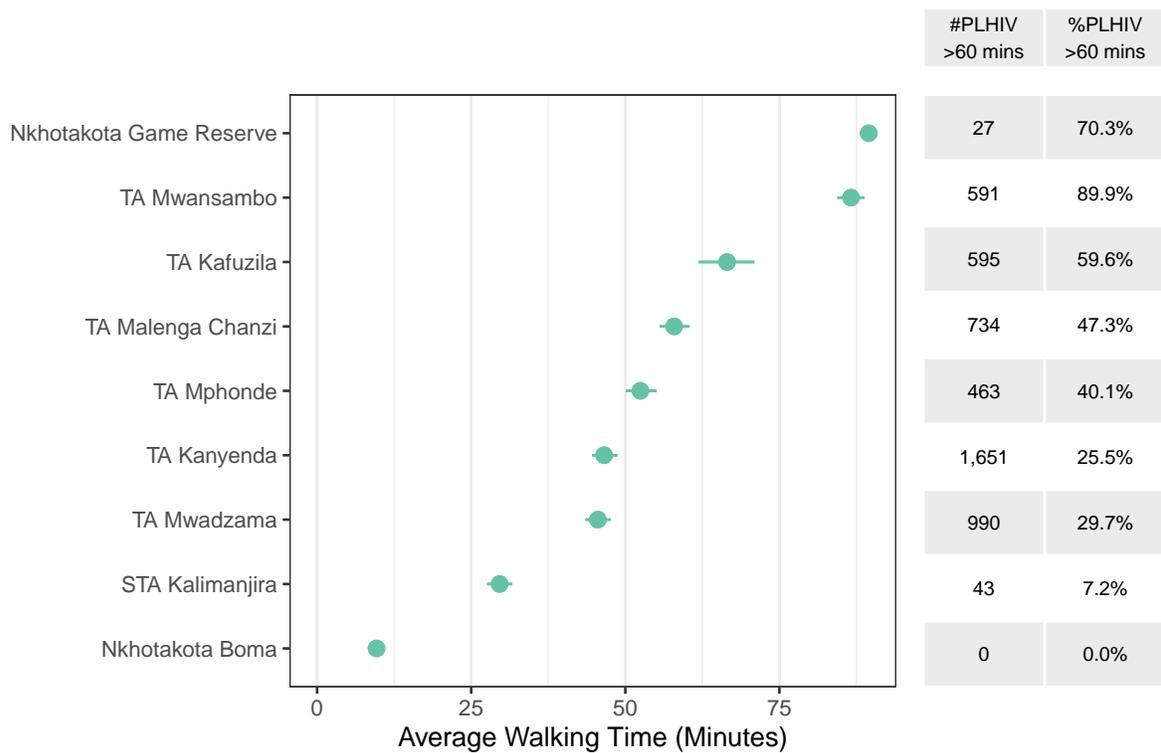


Figure 5: Estimated average walking time to the closest ART facility, weighted by the estimated number of PLHIV within the traditional authority. The right table indicates estimated number and proportion of PLHIV that need more than 60 minutes to travel to the closest ART facility, respectively.

## Areas outside 60 minutes travel



Figure 6: Proposed facility locations. Areas where the walking time to the closest ART facility is <60 minutes have been removed. Green lines indicate the 60-minutes catchment area of the proposed facility.

## Appendix (Methods Summary)

The analysis involved several steps:

- 1. Creating a map of spatial prevalence by approximately 1km grid cells.** We used cluster-level survey data from the 2015/16 MDHS and MPHIA household surveys and HIV prevalence amongst ANC clients from routine health facility data to obtain a gridded PLHIV prevalence map (1km grid cells).
- 2. Calculate the estimated number of PLHIV in each 1km grid cell.**
  - Modelled estimates of total population by 1km grid cell were sourced from the WorldPop project (<https://www.worldpop.org/geodata/summary?id=49698>). Gridded populations are constrained to only grid cells containing built settlements based on satellite imagery.
  - Gridded populations were adjusted to match traditional authority (TA) population data from the 2018 household census, projected forward to 2020 based on district population projections.
  - Gridded HIV prevalence (step 1) was multiplied by population for estimates of the distribution of PLHIV by 1km grid cell.
  - The gridded PLHIV in each district were scaled to align to total PLHIV in each district from the from 2020 Naomi model estimates.
- 3. Calculate walking travel time for PLHIV to existing ART services.** We used data on land cover terrain type (Global Land Cover 2000), roads (OpenStreetMap), elevation (GMTED2010), and water bodies (NASA Shuttle Radar Topography Mission) to model walking time from each grid cell to 757 public or not-for-profit health facilities providing ART services using the AccessMod software. Walking speed was assumed to be 6-7km/h on roads and 2-3 km/h on non-road surfaces.
- 4. Analyse the number and locations of PLHIV residing greater than 60, 90, or 120 minutes walking time from existing ART facilities.** Grid cells were classified by the travel time to the nearest public or not-for-profit ART facility using the travel time model. Maps were filtered for PLHIV residing greater than 60, 90, or 120 minutes, thresholds of interest defined based on discussions with the Department of HIV and AIDS (DHA).
- 5. Identify optimal locations to reach the most PLHIV who currently reside greater than 60 or 90 minutes from ART services.** An optimisation algorithm was implemented to systematically select the best facilities and locations where ART service delivery can be introduced to reach the most PLHIV residing outside travel time thresholds.

The list of 757 active facilities currently providing ART services was sourced from DHA-MIS database. Facilities that were private-for-profit were excluded from the analysis of travel time catchments. Health facilities which do not currently provide an ART service, which are candidate locations for expanding ART services, were sourced from facilities visited during the 2018/19 Service Availability and Readiness Assessment (SARA). Candidate facilities included existing health posts which are not staffed full time.